



# Volunteer Program 2013

## **English teachers**

*The English course runs Monday-Thursday with various classes between the 08:00 and 20:00. Classes are divided by age group; Kids (07-09 years), Preteens (10-13 years), Teens (14-18 years) and Adults (18 + years). On Fridays volunteers are expected to be available to answer queries from students who have received scholarships to study at the NGO's partner language school Cultura Inglesa. During your orientation with the course coordinator you will discuss your timetable and which groups you will be responsible for during your volunteer placement.*

*Whilst the course follows a set curriculum and text books for continuity purposes, you will be expected to plan your own lessons.*

## **Spanish teachers**

*Spanish classes are held four times a week. Students of Spanish follow a workbook created exclusively for the NGO in their classes; however volunteers are expected to complement this with their own activities.*

## **Soccer Program**

*The project offers soccer for kids from 7 to 17 years old. The practices are two times a week on the NGO's field that is located behind the main school. We have a partnership with Prefeitura do Rio de Janeiro which provides the soccer coach Adilson Dos Santos and uniforms for the players. The volunteers for these activities are important to help the coach, distribute water, monitor the players and to join in the game or be a referee.*

*You will work together with the soccer coach and the psychologists of the project where you have instructions for each class. The volunteer will be expected to be available to go to outside events with the team and to help to clean the soccer field after every practice.*

## **Ballet Program**

*The ballet program is designed for boys and girls from age 5 to 17 to learn about the classic dance and other styles which are not usually available in a favela. These classes are held by a ballerina that lives in Vidigal and is more than a teacher because she is a role model for our students. The classes are scheduled twice a week for one hour and forty-five minutes each in our dance studio.*

*You will work together with the ballet instructor demonstrating the dance positions, taking attendance, helping the kids to maintain the lockers, serving water, and helping with the theoretical citizenship classes. The volunteer will be expected to participate in meetings with the parents when necessary and go to outside events with the class.*

## **Capoeira Program**

*The project offers capoeira designed for boys and girls ages 8 to 35 to learn about a mixed martial art that was created during the slavery time here in Brazil. It is unlike other mixed martial arts because it incorporates dancing in the "fight". Principals of capoeira are being part of a group, learning to be prepared for the unexpected, building friendships, and getting connected with African ancestry that influences Brazilian culture. The classes are scheduled twice a week by Master Serrado for two hours. An informal class is organized on Saturdays for practice by Master Serrado's son who is a student of capoeira.*

*You will work together with Master Serrado helping to organize the class, take attendance, serve water, and participate as part of the team. The volunteer will be expected to go to outside events with the class. For this activity, it is required an intermediate level of Portuguese.*

**Women`s Support Group**

*This program is designed for mothers and fathers who have kids enrolled in one of our activities. The topics of this group are related to the difficulties in parenting faced by the fathers based on the observation of the psychologist of the project. The meetings are on Saturdays for an hour and a half and it is guided decision based on a book or an event that happened in Vidigal or Rio de Janeiro that has an impact on the family.*

*You will work together with the psychologist of the project, Dr. Quenia de Aleluia, doing specific reading about group and community psychology. The volunteer will help by taking notes of the group, organizing the snacks, doing the research for the group topics. The volunteer is expected to be in all the groups and to have an advanced level of Portuguese in order to participate in the class decisions.*

**Volleyball Program**

*This program is designed for boys and girls who have interest in experiencing a new type of sport. These classes happen twice a week by coach Adilson on our field, which is also used for soccer.*

*You will work directly with coach Adilson during the practices. The volunteer will help by organizing the volleyball equipment, setting up the net, taking attendance, serving water, and being a part of the team. The volunteer is expected to take down all the sports supplies and put them neatly in the lockers, keeping the field clean, and traveling with the group to outside activities.*

**As well as their main commitment, volunteers are expected to be available to help with other duties as and when required.**



















